



**The Masonic and Military Order of the Red Cross of Constantine
and the Orders of the Holy Sepulchre and of St. John the Evangelist**

DIVISION OF CUMBRIA

TOAST LIST 2023-24

Grace	Benedictus Benedicat, per Jesum Christum Dominum Nostrum
Give Thanks	Benidicto Benedicatur, per Jesum Christum Dominum Nostrum
Commemoration	To the pious memory of our Illustrious Founders, Constantine and Eusebius

1 The King

2 The Grand Sovereign
Most Illustrious Knight, Graham Leslie Flight G.C.C

3. The Deputy Grand Sovereign
Right Illustrious and Eminent Knight, Christopher John Macdonald G.C.C

The Grand Eusebius
Right Illustrious & Venerable KT The Revd. Timothy John Nicholas L'Estrange G.C.C

And the rest of the Grand Officers Present and Past

4. The Intendant-General
Right Illustrious Knight, Joseph Ebenezer Sudhakar

5. The Deputy Intendant-General, Illustrious Knight David Stewart JP, PGCham
The Divisional Eusebius, Illustrious Knight Alan Sewell PGWoReg
And the Rest of the Divisional Officers of Cumbria Present and Past

6. The Most Puissant Sovereign

7. The Newly Installed Knights Companion

8. The Visiting Knights Companion

9. The Sentinels Toast
(To All Red Cross Knights throughout the Universe and the memory of the departed)

Guidance Notes on Toasts:

Grace	High Prelate
Give Thanks	High Prelate
Commemoration	MPS <i>To be taken seated and in silence</i>
The King	MPS
The Grand Sovereign	MPS
The Dep Grand Sovereign & Grand Officers	Eusebius
The Intendant-General	MPS
Dep Intendant Gen & Divisional Officers	Eusebius
Newly Installed Knights Companion	Proposer
Visiting Knights Companion	Conclave Member
Sentinels Toast	Sentinel <i>To be taken seated and not necessarily in silence</i>

FIRE: Up-down-left-right-point

Although decorations may appear following names on the toast list, they should not be read when proposing the toast.

Toast No 3 is omitted in the presence of the Grand Sovereign

Toast No 5 may be omitted in the presence of the Intendant-General but may be done at his request.